



(Painting by: Sarah Penney)

We love you planet earth

To you our mother we are crying our hearts,
How have we forgotten our roots?
As we disposed our souls to the Gods of
greed,
Leaving your resources to bleed into smoke!!
Suffocating our souls in illusion of
heavens,
Would it come in our next plastic bag?
Again and again unwrapping our presents
With an endless wish that this time it
comes,
But behold all we got in return -
Is a deep sense of emptiness and a full
rubbish bin.
Please come my dear brothers share the light
of our love,
Since what we are longing lies dormant
within.
We are one with our mother our beloved
planet earth,
Let's cherish her sacredness as our own.
Her resources are our own blood and bones.
May every step will reflect our sacred unity
For ever and ever amen.

Yair

Ziza and Yair visit to the UK - July 2007

- July 9th to the 12th - London
(Please note that the therapy will be held for BOTH Yair and Ziza at 57 Green St – **find directions below* - and NOT in the usual location)
- July 13th to the 15th Napier's clinic EDINBURGH
Address is: 35 Hamilton Place, Edinburgh, EH3 5BA

To book an appointment please use the form provided on our website.

http://www.armonia.tantrika.net/appt_form_new.htm

Up coming retreats in our centre

Retreats 2007:

ॐ **The inner peace retreat** – *with Ziza and Yair*
Finding the love and joy within.
Date: October 7th to the 13th - 2007

ॐ **The master within** – *with Ziza and Yair*
Learn to improve self image and self esteem.
Date: November 11th to the 17th – 2007

ॐ **Yoga and meditation** – *with Ahimsa*
Ahimsa is our beloved Yoga teacher. Her deep understanding in the Yoga tradition and spiritual development is great inspiration for all her students. In her workshop she combines Yoga, Pranayama (breathing), meditation, singing and nature walks.
Dates: August 22nd to the 26th - 2007

Retreats 2008

ॐ **Returning home** – *with Ziza and Yair*

Discover the power within by understanding body, mind and emotions interaction.

Get empowered and responsible for yourself.

Date: March 24th to March 29th - 2008

ॐ **Yoga and art** – *with Ahimsa (yoga) Diana (art)*

For more information about the teachers please refer to our website. www.armonia.tantrika.net

Dates: February 21st to February 29th.

ॐ **Yoga and art** – *with Ahimsa (yoga) Diana (art)*

For more information about the teachers please refer to our website. www.armonia.tantrika.net

Dates: May 8th to May 12th.

*** Directions to the therapy place ONLY JULY 2007:**

57 Green Street, Flat F (Second Floor), London W1

The flat is about 5mins walk from marble arch tube and 8mins walk from bond street tube.

From Marble arch tube

Turn left down oxford street, take second right into North Audley street and second right into Green street. 57 is on the left. Flat F second Floor.

From Bond Street tube

Turn Left onto Oxford Street take sixth turning on left into north Audley street and second right into Green Street.